

2nd Quarter Electives
Fall 2020
November 16th-January 15th
Monday-Friday

1st Grade	11:00-11:30
2nd and 3rd Grade	12:45-1:25
3rd Grade	1:30-2:10
4th and 5th Grade	2:15-2:55
4th and 5th Grade	3:00-3:45

Course Description Guides 2nd Quarter 2020

First Grade Elective Offerings

Across the Oceans AIG (Social Studies)

Do you know where China is? What about Spain? Want to learn how to speak other languages? Love to cook and try new foods from around the world? This elective will take you on a journey using atlases, computers, cooking and literature to teach you about some of the places in our world.

Creative Movement (Dance)

This course will introduce the basic concepts of movement: Space, Time, Force, and Body by engaging the student in fun dance activities and games. Students will use music, instruments, ribbon, streamers and balloons to enhance their learning. The course will explore the difference between locomotor and non-locomotor movement. This course will focus on developing creativity, increasing kinesthetic awareness, and integrating basics with dance

GROWING STRONG (HEALTH)

In this course we will learn what it means to be healthy inside and out. Students will learn positive ways to get and stay healthy. Activities will include fun ways to develop good health and safety habits. Take it one step at a time and learn the “inside” story, get moving, get strong, and eat well. Put it all together to build one healthy you!

Making Rainbows (Art)

Students develop a foundational understanding of color theory within this course. Students explore the following color concepts; primary, secondary, tertiary, complementary, warm, cool, as well as tints and shades. Your child will learn how to mix and make colors as well as basic painting and blending techniques. Most projects align with the color application techniques used by famous or master artists. In addition, students use color to explore their imaginative thoughts and feelings.

Mammals of the Sea (Science)

Ahoy! This course will familiarize students with seals, sea lions, manatees, dolphins, sea otters, and of course, whales. Students will learn what makes a mammal a mammal and be able to identify a variety of mammals. Students will study the fascinating habits and habitats of these interesting sea creatures.

Storytime for Young Listeners (Music)

Listening is essential and basic to all musical experiences. Through a variety of integrated arts activities, students will learn music through children's literature. We will explore stories that will inspire music learning and making. Through this elective, students will reinforce and expand their knowledge and understanding of the elements of music. We will be singing, playing, moving, and creating.

Theatre Games (Drama)

Through movement based activities students will participate in improvisational theater activities to build concentration, acting skills, communication skills, self-confidence, and cooperative skills.

Second Grade Elective Offerings**Across the Oceans AIG (Social Studies)**

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Astounding Artists (Art)

Students study the life and work of astounding artists to create "inspired by" masterpieces using a variety of art mediums and techniques. Students discuss the cultural context and creative contributions of each artist while expanding their knowledge of art history.

Blue Ribbon Books (Language Arts)

There is no better way to motivate students to read than to supply them with great literature that is enjoyed by kids everywhere. This course will allow students to explore many types of prize-winning literature, such as the Caldecott and North Carolina Children's Book award winners. This elective will provide an opportunity for students to choose their own reading material and communicate their experiences with other members of the class.

Book into Math (Math)

This course will integrate literature and mathematics. While exploring a variety of literature, students will practice speaking, reading, and writing skills to solve mathematical problems that occur in literature. To show their thinking, students will create technology-based, written, and art products both individually and in collaboration with others.

Creative Drama (Page to Stage) (Drama)

This course will give students the opportunity to learn about acting and the stage. They will explore playwriting activities, design challenges, and acting. Students will expand their senses in developing characters and situations.

Exploring Dance Styles (Dance)

In this course students will learn the basic characteristics and techniques for Ballet, Modern, Tap, Jazz, Creative, and Hip Hop. We will work on strength and flexibility and a basic understanding of the different dance styles.

HUMAN MACHINE, THE (HEALTH)

What part of the human body if stretched out would measure 25 feet in length? Give up? The intestines! Learn more fascinating information about the fabulous and incredible human body machine in this elective. You will learn all about the amazing systems of the body and see how they work together to keep you growing strong.

Meet & Make the Instruments (Music)

Students will be introduced to classroom, orchestral, and world instruments. We will explore sound, instrument families, play several instruments and even make some of our own. Through this elective, students will reinforce and expand their knowledge and understanding of the elements of music: pitch, rhythm, tempo, dynamics, and form. We will also be singing, playing, reading, and writing music as we learn about the instruments. Students will show their knowledge and creativity by making their own instruments.

Mindful Me (MASTERING ME) (Health)

This course will help students build awareness of their feelings, and how they are connected to their mind and body. We will learn what it means to be mindful in the moment by tuning into the five senses and engaging in movement activities. Students will also have opportunities to explore their personal strengths through expressive arts in order to grow resiliency, as well as their unique gifts and talents

Larry the Llama (Beginning Spanish)

Students will virtually travel through various South American countries and learn some basic Spanish vocabulary as well as information about food and sports...along with their friend...Larry the Peruvian Llama! Basic Spanish vocabulary will be stressed through songs, games, and play.

Third Grade Elective Offerings

5th Period

Across the Oceans AIG (Social Studies)

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Asynchronous Option:

Computer Writing/Junior Type to Learn

Students have the opportunity to learn proper keystrokes and typing techniques with the Type to Learn Program. Students can log-in at any time to complete the activities. This course will not be taught by a live teacher but a teacher will monitor students progress for interims/report cards.

About the Program: Students enjoy learning how to type with Type to Learn through game-based typing activities. Keyboarding lessons are specifically designed to keep students engaged while they are introduced to keystrokes and learn proper technique. Type to Learn automatically adapts to the level of the student and ensures students are progressing accordingly. *Type to Learn is in the cloud and allows students to practice from anywhere they have a current web browser and an internet connection. To learn more about Type to Learn's [minimum system requirements](#); please note that Microsoft's Internet Explorer is not on the recommended list.*

6th Period Electives

BEGINNING BAND (Pathway to Band 1)

Students must have signed up for this elective 1st quarter.

Beginning Orchestra

Students must have signed up for this elective 1st quarter.

Dance Forms (Dance)

In this course students will learn the basic characteristics and techniques for Ballet, Modern, Tap, Jazz, Creative, and Hip Hop. We will work on strength and flexibility and a basic understanding of the different dance styles.

Fantastic Literature - AIG (Language Arts)

Would you like to travel to new worlds and meet interesting characters with “out-of-the-ordinary” talents? Join this elective to read about a boy named Milo who travels to a totally different world from his car toy through a Magical Tollboth! Sneak Peak: A delivery arrives at the home of young Milo, and at first the small tollbooth appears to be an ordinary toy. But when Milo steers his miniature car through the booth's gateway, he finds himself in a mysterious fantasy land. In Dictionopolis, Milo and his dog sidekick Tock encounter a city fixated on words! He continues his journey each day, and the chapters unfold new and exciting characters! The book is called Phantom Tollbooth! Reading Level 4th to 5th grade (Outside of class reading will be required)

Food Sculpture- (Art)

In this elective, students explore food as subject matter for artmaking, learning about how and why specific Pop artists embraced it. Students use their knowledge of Pop Art styles, mediums and techniques to create a variety of 3D food sculptures. In addition, students examine the history of the foods they are creating to establish relevant historical and cultural connections. As a culminating activity, students design, advertise and curate a collaborative mini Pop-up Pop Art exhibition that blurs the lines between gallery and retail space. Students utilize literacy, writing, collaboration, and math skills to install, describe, and advertise their food sculptures.

SHAPING UP (PE/HEALTH)

In this course we will learn and explore the importance of a strong and healthy body. Activities about nutrition and physical activity education will enhance the awareness of what food and exercise can do for the body.

Spotlight on Musical Theatre (Drama & Music)

Students in this course will explore the cultures of the world through music, movement, and instruments. Each week we will visit a new region to learn about their musical traditions. This elective will foster an appreciation for and peak curiosity about cultures and music from around the world.

We the People AIG (Social Studies)

What came before the U.S.A? What makes this the Land of Opportunity? Who is free here? What is freedom and were people always free? What is the Constitution and why does it matter? In this class students will learn about this country's history from the 13 colonies to the present day. They will recreate the American Revolution using modeling and stop-motion animation and will work as lawyers using the 27 amendments to represent people in court. This is a challenging but fun course that helps students understand this land and what makes it the place it is.

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Fourth & Fifth Grade Elective Offerings

7th Period

Beginning BAND (Pathway to Band 1)

Students must have signed up for this elective 1st quarter.

Behind the Scenes (Drama)

Students will explore a variety of technical aspects of the theater: makeup, costumes, sound, properties, scenery, and lighting. Student projects will align with chosen literature

Computer Coding (Technology)

Computer science demystified. Anybody can learn the basics of computer programming. Students will use a blend of online software from code.org and cs-first.com as well as unplugged lessons. This material stresses the use of logic and critical thinking by performing fun activities and culminates in students creating their own computer games.

Continuing Orchestra (Pathway to Orchestra 1)

Students must have signed up for this elective 1st quarter.

Digital Music Making (Music Through A Variety of Sounds Sources) (Music)

Through this course students will explore both traditional and nontraditional means of digital music making. Students will work through the creating process with websites such as Chrome Music Lab, Noteflight, and Scratch. They will plan and create musical ideas, expand and develop those ideas, learn to evaluate and refine, and finally present and reflect on the process. Students will leave this elective with a few finalized musical products.

Drawing & Painting (Art)

Students explore nature through artmaking by observing and capturing a likeness of the natural world around them. Students acquire observational drawing techniques through still-life and landscape drawing and painting explorations. Your child will create projects that capture close-up and distant views of their natural surroundings while learning about connections to biology and ecology. Students also explore famous artists who use or used nature as their primary subject matter for artmaking.

Geometric Design AIG (Math)

Have you ever been to an amusement park? Have you ever successfully traced a line through a maze? Do you know what characteristics a shape must have to be called a polygon? In this virtual class, you will study the history of geometry and use the concepts of line, angle, and shape, to solve design challenges. You will see where these geometric elements exist in the world around you as you work to fully develop understanding of vocabulary and principles of geometry. You will be working creatively both alone and with classmates on specific tasks that provide opportunities to read about, write about, speak about, and listen to others speak about thoughts and ideas as we build deeper understanding of geometry concepts. Come join us on an a-maze-ing journey!

Let's Make a Million AIG (Math)

What is profit? What is loss? What is debt? How does the economy work? How can I make a million with my newfound economic knowledge? In this elective your child will learn the answers to the above questions and will put their knowledge to the test to see if they can turn a profit themselves by trading real stocks on the live stock market. We will use virtual money and will award real prizes in our weekly competitions. On your marks....get set....profit!

Mindful Me (MASTERING ME) (Health)

This course will help students build awareness of their feelings, and how they are connected to their mind and body. We will learn what it means to be mindful in the moment by tuning into the five senses and engaging in movement activities. Students will also have opportunities to explore their personal strengths through expressive arts in order to grow resiliency, as well as their unique gifts and talents.

PACK YOUR SUITCASE... ¡Y Habla Español! (Beginning Spanish)

This course will provide learners the opportunity to discover the latino culture of central and south america, as well as learn useful Spanish phrases and vocabulary for their travels!. Students will virtually travel to various countries such as Costa Rica, Ecuador, Argentina and so much more! The learners will be receiving a passport that will enable them to track their travels. They will also be receiving a suitcase in which to keep all of their “souvenirs.” During each trip to a different country, the learners will be experiencing activities such as: recognizing different weather/seasonal as well as time changes in different countries, learning about holidays

Reptiles, Amphibians, & Fish (Science)

Welcome to the fascinating study of reptiles, amphibians, and fish for the budding scientist. Students will gain an understanding of taxonomy and how it can be helpful in the study of our world as we explore these animals. This course capitalizes on students' natural curiosity as it seeks to foster observation skills and increase their scientific vocabulary. In addition, students will have the opportunity to build their own website about an animal of their choice.

Speedstacking (PE)

Learn about the sport of Speed Stacking! Students will improve their hand-eye coordination and ambidexterity by stacking cups in multiple formations and styles such as the 3-3-3, 3-6-3, 6-6, and the cycle. Students will create and perform a routine at the end of the course to demonstrate their new knowledge and skills.

Zumbatonic (Exploring Dance Styles) (Dance)

Zumbatonic® classes are high-energy fitness-parties that offer real results. They are packed with specially choreographed routines and the latest music such as hip-hop, reggaeton and cumbia. Zumbatonic classes increase focus and self-confidence, boost metabolism and improve coordination. Zumbatonic classes make getting fit fun. Basically Zumbatonic is a BLAST!

Asynchronous Option:

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8th Period

ADVANCED BAND (Pathway to Band 2)

Students must have signed up for this elective 1st quarter.

Advanced Orchestra

Students must have signed up for this elective 1st quarter.

BEGINNING CHINESE (ONLINE COURSE)

In this online course students are introduced to basic expressions, words and phrases through engaging, interactive activities. Students' primary focus is on listening and speaking, accompanied by opportunities to practice what they've learned in familiar settings. The goal is to build curiosity and awareness about the Chinese culture and familiarize students with the target language. Students will be exposed to authentic cultural stories.

BEGINNING FRENCH (ONLINE COURSE)

In this online course students are introduced to basic expressions, words and phrases through engaging, interactive activities. Students' primary focus is on listening and speaking, accompanied by opportunities to practice what they've learned in familiar settings. The goal is to build curiosity and awareness about the French culture and familiarize students with the target language. Students will be exposed to authentic cultural stories.

BEGINNING GERMAN (ONLINE COURSE)

In this online course students are introduced to basic expressions, words and phrases through engaging, interactive activities. Students' primary focus is on listening and speaking, accompanied by opportunities to practice what they've learned in familiar settings. The goal is to build curiosity and awareness about the German culture and familiarize students with the target language. Students will be exposed to authentic cultural stories.

Calligraphy & Creative Fonts (Art)

Students explore a variety of lettering styles and techniques within this elective. Students learn calligraphy and script, serif, and sans serif lettering styles as well as creative font design techniques. Students create a lettering portfolio as well as name and inspirational quote posters. Students also design and create their own greeting cards.

Digital Music Making (Music Through A Variety of Sounds Sources) (Music)

Through this course students will explore both traditional and nontraditional means of digital music making. Students will work through the creating process with websites such as Chrome Music Lab, Noteflight, and Scratch. They will plan and create musical ideas, expand and develop those ideas, learn to evaluate and refine, and finally present and reflect on the process. Students will leave this elective with a few finalized musical products.

Geometric Design AIG (Math)

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Narnia AIG (Language Arts)

Step through the wardrobe into a land of ... snow? And talking animals? Yes, you read that right. As we read the first of seven enchanting books, THE LION, THE WITCH, AND THE WARDROBE, we will study the author, plot, setting, and major themes of the book. This elective will combine both reading and creative writing experiences to bring the story to life and teach reading skills. In a book club format students will complete fun assignments designed to express their learning in different ways. So pack your bags and join me on a journey to the magical land of Narnia! .

Odyssey of the Mind AIG (Language Arts)

Grit, determination, creativity, team work, problem solving and flair are the talents needed here. Climb aboard the good ship Odyssey and help represent WES at the 2021 Odyssey of the Mind Virtual (OOTM) tournament. You will spend two quarters preparing an original play that may include such wacky ideas as creating a vehicle that uses stored energy, making a balsa wood tower that is strong enough to take a hit and keep standing or helping a superhero out of peril by creating super socks to save the day within an extreme weather setting. Anything could happen in this most challenging of electives. If you are a go-getter that never gives up and wants to be famous one day, sign up and let's achieve great things! WES will compete in the Virtual Odyssey of the Mind Competition this year.

*With the virtual competition this elective will require a lot from students and parents. It will also require time outside of the regular school day and possible weekends. Students will be building and creating theatrical elements such as costumes, props, and scripts.

Speedstacking (PE)

Learn about the sport of Speed Stacking! Students will improve their hand-eye coordination and ambidexterity by stacking cups in multiple formations and styles such as the 3-3-3, 3-6-3, 6-6, and the cycle. Students will create and perform a routine at the end of the course to demonstrate their new knowledge and skills.

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